

Home Health Aide (HHA)

State of Florida Guidelines

Home Health Aides (HHA) are designated to work within a home environment providing hands-on personal care assistance with an established plan of care.

Live-in Caregivers are HHA's who work and live in the home.

HHA's cannot administer medications of any kind, although they can remind the patient / client to take medications.

Duties

- Performs personal care activities that assist the patient with activities of daily living which include (but are not limited to):
 - Assistance with bathing
 - Assistance with personal care (oral, hair etc).
 - Assistance with toileting and / or incontinence care.
 - Assistance with dressing / undressing.
 - Assistance with transfers / ambulation
 - Assistance with feeding.
 - Assistance with shaving

- Prepares meals and snacks according to instructions.

- Performs patient-specific activities that are taught by a nurse. These could include (but are not limited to):
 - Assisting with the change of ostomy appliances
 - Reinforcement of dressings
 - Assisting with prescribed range of motion exercises
 - Measuring and preparing special diets
 - Taking vital signs
 - Application of an external catheter

- Performs homemaking activities which include (but are not limited to): vacuuming, dusting, sweeping or mopping floors, doing dishes, changing bed linens, doing laundry, cleaning bathrooms and running errands.

Qualifications

- Six months experience as a HHA in healthcare (in homes or facilities).
- State of Florida Law requires HHA's to hold a current CPR card and have certification passing a competency test (see below areas of **Competency test**) or 40 hours of basic care training.
- Possess a valid driver's license and have use of an insured automobile or access to adequate transportation for the job.
- Current picture ID, ie Florida drivers license
- Social Security Card to verify work authorization.
- Health statement from your Physician confirming you are free from communicable diseases (* see below)
- Ability to read, write, speak and understand English as needed for the job
- Copy of your Level 2 background screening showing you are eligible for employment to provide home health care services. (see below guidelines)

*As required through the Agency for Health Care Administration (AHCA), all new employee's must have documented confirmation from their Physician stating that the Caregiver is free from communicable diseases **BEFORE** providing home health care services to a client.

As from **August 1st, 2010, to be considered as an employee to provide home health care services, you must undertake a LiveScan level 2 background screening as required through the Agency for Health Care Administration (AHCA). If you are unable to provide this document before applying for this position, you will be requested to attend a local LiveScan company if you are successful at interview stage.

Right Accord can not provide you with a client without any of the above documents.

Areas of Competency test for HHA's

Communication; documentation of patient status and care provided; reading and recording vital signs; basic infection control procedures; basic bodily functions; maintenance of a health environment; emergency procedures; physical, emotional and developmental characteristics of patients/clients; personal hygiene and grooming; safe transfer techniques; normal range of motion and positioning; and basic nutrition.

If you are not a CNA or HHA but are interested in becoming a CNA / HHA, please visit **Right Accord Training Center** for courses offered throughout the year at <http://rightaccordtrainingcenter.com/>